

Polsk Firtur

(Skærbæk [Sønderjylland], Denmark)

This dance is from Skærbæk in the Sønderjylland region of Denmark.

Pronunciation: POHLSK FEER-toor Translation: Polish-style four-figure dance

Music: 2/4 meter *Liflig Sang CD 1, Track #7*

Formation: 2 couples in open handhold on the circle, one couple faces CW, the other CCW.
Start with the left foot.

Steps & Styling: Step-hops.

Reel steps: Step R behind L (ct 1); hop on R while L ft moves fwd (ct &); repeat with opposite footwork (cts 2, &).

Hopsa: 1 M leap L (ct 1), step R (ct 2), step L (ct 3), turning CW half. W use opp ftwk.

2 M leap R (ct 1), step L (ct 2), step R (ct 3), turning CW remaining half. W use opp ftwk.

Meas 2/4 meter

Pattern

INTRODUCTION. No action.

I. CIRCLE; HOPSA.

1-8 Hands joined, 2 Cpls circle CW with 8 Step-hops.

9-16 Circle CCW back to place.

17-24 Both Cpls in Ballroom pos, rotate CW with Hopsa steps.

25-32 Keeping Ballroom pos, M hop bkwd on R while W hops fwd on L, rotating CCW.
An alternative is to walk backward, R, L, R, L, etc.

II. REEL; HOPSA.

1-8 8 Reel steps facing ptr.

9-16 8 Reel Steps facing corner.

17-32 Repeat Fig I, meas 17-32 with corner.

III. REEL; HOPSA.

1-8 8 Reel steps facing corner.

9-16 8 Reel steps facing ptr.

17-32 Repeat Fig I, meas 17-32 with ptr.

Repeat Fig II, Fig III until the music stop. Fig I is only done once at the beginning.

Presented by Wolfgang Schlüter